



## SAMPLE MEAL CHOICES

### BREAKFAST

Fruit juice  
Choice of cereals  
Toast  
Fruit

### LUNCH

Choice of sandwiches/wraps (cheese, tuna mayonnaise, ham, egg mayonnaise, humous)  
Jacket potatoes with choice of fillings (cheese, beans, tuna mayonnaise)  
Tomato/cheese/tuna pasta with garlic bread  
Beans on toast  
Salad  
Yoghurt  
Fruit

### EVENING MEAL

Jacket potatoes with a choice of fillings  
Pasta bolognese & garlic bread  
Chicken enchiladas with corn on the cob & nachos  
Lasagne & garlic bread  
Chicken korma, rice & naan  
Sausage, mash, yorkshire pudding, peas & gravy  
Chilli-con-carne with rice  
Hunter's chicken, roast potatoes & carrots  
Cheese and onion pie with chips & beans  
Meat and potato pie with mushy peas  
Fish, chips & garden/mushy peas  
Ice cream  
Sponge with custard  
Rice pudding  
Jelly

(Vegetarian/halal options for most meals are available upon prior request)  
Please restrict meal choices to no more than two choices at each meal

N.B. These dishes are to be used a guideline only - we can individually cater for any specific requirements (providing we are notified at least ten working days before your visit)

**Allergens** : Our catering facilities are not food allergen or gluten free. Whilst every effort is made to ensure cross contamination does not occur, please be aware that our food may contain or come into contact with common allergens, such as dairy, eggs, wheat, soybeans, tree nuts, peanuts, fish or shellfish. While we take steps to minimize risk and safely handle the foods that contain potential allergens, please be advised that cross contamination may occur, as factors beyond our reasonable control may alter the formulations of the food we serve, or manufacturers may change their formulations without our knowledge.